



COOK FOR PEACE

When with nearly a billion people going hungry each day, how can we spend another dollar on war? Food Not Bombs is an all-volunteer movement that recovers food that would otherwise be discarded, and shares free vegan and vegetarian meals with the hungry in over 1,000 cities around the world as a way to protest war, poverty, and the destruction of the environment. We also provide food to the survivors of natural disasters and people participating in strikes, vigils, marches and other protests.

Food Not Bombs is not a charity but seeks to end the crisis of corporate domination and exploitation through nonviolent nonviolent direct action. Food Not Bombs has no formal leaders and strives to include everyone in its decision-making process. Each group recovers food that would otherwise be thrown out, ; prepares fresh hot vegan and vegetarian meals that we share in public spaces like plazas, parks and sidewalks to everyone that passes by, without restriction; and distributes groceries with the community.

The first group was formed in Cambridge, Massachusetts in 1980 by eight college-aged, anti-nuclear activists. In 1988, the San Francisco police started arresting our volunteers for the "crime" of making a political statement by sharing meals with the hungry. The San Francisco police finally stopped after making 1,000 arrests. The police have also arrested volunteers for feeding the hungry in a number of other cities in the United States. for feeding the hungry including Tampa and Orlando, Florida, Arcata and Los Angeles, California. Amnesty International declared that they will adopt those Food Not Bombs volunteers that are imprisoned as "Prisoners of Conscience" and will work for their unconditional release.

Volunteers fed the rescue workers in New York on 9/11. Food Not Bombs also started animal rescue shelters in 24 cities in Slovakia, provided food for 100 days during the Orange Revolution in the Ukraine, fed striking auto workers in Korea, and have shared food at anti-globalization protests in Seattle, Cancun, Miami, Gutenberg, and Toronto. Food Not Bombs also organized the food relief effort for the survivors of Hurricane Katrina.

Food Not Bombs works in coalition with groups like Earth First!, The Leonard Peltier Defense Committee, Farm Animal Rights Movement, Anarchist Black Cross, the IWW, and Anti Racist Action., Food Not Bombs activists also started projects like Indymedia, Bikes Not Bombs, Homes Not Jails, Food Not Lawns, the Free Radio Movement, Really Really Free Markets and many other grassroots projects. You can join Food Not Bombs in taking direct action towards creating a world free from domination, coercion and violence.

Food is a right, not a privilege...Solidarity not charity.



FOOD NOT BOMBS

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